

DENNIS L. BENSON 8/11/2014

Page 1

UNITED STATES DISTRICT COURT
DISTRICT OF MINNESOTA

Kevin Scott Karsjens, Court File No.
David Leroy Gamble, Jr., 11-cv-03659 (DWF/JJK)
Kevin John DeVillion,
Peter Gerard Lonergan,
James Matthew Noyer, Sr.,
James John Rud, James Allen Barber,
Craig Allen Bolte,
Dennis Richard Steiner,
Kaine Joseph Braun,
Christopher John Thuringer,
Kenny S. Daywitt,
Bradley Wayne Foster,
Brian K. Hausfeld,
and all others similarly situated,

Plaintiffs,

-vs-

Lucinda Jesson, Dennis Benson,
Kevin Moser, Tom Lundquist,
Nancy Johnston, Jannine Hebert,
and Ann Zimmerman, in their
individual and official capacities,

Defendants.

VIDEOTAPED DEPOSITION

OF

DENNIS L. BENSON

DATE TAKEN: 8/11/14

BY: Amy L. Larson, RPR

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DENNIS L. BENSON 8/11/2014

Page 5

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Q. Sir, would you state your full legal name for
the record.

A. Dennis Lee Benson.

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Page 12

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21 Q. Mr. Benson, tell me how long -- well, let me
22 back up.

23 Tell me what position that you held at
24 MSOP.

25 A. I was the executive director from March -- I

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Page 13

1 believe March 1st, 2008, until I resigned or
2 retired in June of 2012. June 5th, I believe
3 is my retirement date.

4 Q. And why did you leave the program?

5 A. Well, I had previously retired from
6 corrections after 34 years, and that was at
7 my kind of rule of 90, so I had enough time
8 that I didn't have to come back to work. But
9 I had been watching this program struggle for
10 many, many years, and I had had conversation
11 with Wes Kooistra at the time and he was
12 interested in employing me if I was
13 interested in working, so I decided I would
14 give it a shot and see if I could be helpful.

15 Q. And why did you resign?

16 A. Well, it was just time. I had this -- I had
17 been talking with -- as we were speaking, I
18 was talking with my old college roommate who
19 said that he was in -- I knew he was in the
20 casino business, but his son would possibly
21 be selling his casino in Billings and was I
22 interested.

23 And I've always had -- I've always been
24 kind of an entrepreneur. I've done all kinds
25 of funny things on the side, including

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Page 14

1 16 years in the concert business in Somerset,
2 Wisconsin.

3 And so I thought it would be a great
4 retirement gig, it's -- they're easy to run
5 and if you got a good manager you can be
6 absent. We travel a lot, so -- and the
7 stress of MSOP and the politics around it
8 were very frustrating to me.

9 Q. Okay. Let me back you up a little bit. You
10 mentioned a gentleman I think named Wes -- I
11 couldn't --

12 A. Kooistra.

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16

17 Q. All right. And Mr. Kooistra's position in
18 the -- in the --

19 A. He was a --

20 Q. -- government?

21 A. I believe he was an assistant commissioner in
22 DHS. He had been with DHS for a number of
23 years.

24 Q. At that time, 2007 or 8 when he first started
25 talking to you, was Mr. Ludeman the

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Page 15

1 commissioner?

2 A. Yes.

3 Q. Cal Ludeman?

4 A. Cal Ludeman.

5 Q. All right. And you mentioned that before you
6 had these conversations, or at some time
7 before you took the job, that you understood
8 there were lots of problems at the MSOP.

9 A. Yes.

10 Q. Those are my words. By the way, let me --
11 let me just make this clear for the record.
12 Sometimes I'm going to ask questions where I
13 sort of summarize what you say. Those are my
14 words --

15 A. Yup.

16 Q. -- okay? So I want you to use your words.

17 A. Well, the Department of Corrections, going
18 way back to -- I started in corrections in
19 1974, and I was a case worker in 1977, and
20 part of the role of a case worker at a prison
21 was to -- we all had a couple of cases down
22 at the St. Peter Security Hospital.

23 So going way back to that time, DHS, in
24 my opinion, struggled with the management of
25 these patients, as they would call them, many

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Page 16

1 of them were dual commits, so they were both
2 offenders and patients, and how to -- how to
3 manage them inside of a hospital system.

4 And then more recently in 2005, I
5 believe, and 2006, both Easter Sundays, there
6 were escapes from the St. Peter Security
7 Hospital that got lots of attention and DHS
8 was very interested in -- in trying to get
9 some help around some security issues that
10 they obviously had.

11 So I was the deputy commissioner then in
12 corrections, and we actually sent some folks
13 over from corrections on mobility assignments
14 to do some analysis and do some training and
15 develop some policy around accountability of
16 patients, I guess would -- would be the
17 primary focus, because at that point it was
18 no more complicated than we've got to make
19 sure the public safety is ensured.

20 And their fences were inadequate, their
21 counts were -- in my opinion, again, were
22 inadequate. And we sent a captain over for a
23 year, we sent a -- an investigator over for a
24 couple of years to help develop some systems
25 around patient accountability.

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Page 17

1 Q. And this was in the 2005, 2006 time frame?

2 A. A little bit later than that.

3 Q. Even maybe into 7?

4 A. Yeah. They were over there -- somebody was
5 over there even up until the time that I came
6 to MSOP in 2008.

7 Q. Was this primary -- primarily a problem at
8 St. Peter or was it both St. Peter and
9 Moose Lake?

10 A. Well, at that time it was primarily
11 St. Peter. But as the building project was
12 proceeding up at Moose Lake, they were
13 starting to move some of the more
14 difficult-to-manage patients from St. Peter
15 to Moose Lake because it had a better
16 security system.

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Page 18

1 Q. Okay. When you were asked to take the job,
2 was there anything in particular that they
3 asked you to do?

4 Well, first of all, who approached you
5 about the job other than, is it Mr. Wes --

6 A. Kooistra.

7 Q. Kooistra?

8 A. Mike Tessneer was also involved in those
9 conversations. He was -- he reported to Wes.
10 And, actually, I believe he was directly
11 responsible for MSOP at that time. I don't
12 know what his title -- I can't even recall
13 his title, but the hospitals and state
14 operated -- they call it SOS, State Operated
15 Services, were all under Mr. Tessneer.

16 Q. He was at the commissioner's office --

17 A. Yeah.

18 Q. -- or worked for DHS anyway?

19 A. Right, right, and then he reported to Wes.

20 Q. And who was the -- who was the MSOP executive
21 director at that time?

22 A. Jack Erskin.

23 Q. And -- and had he announced his retirement,
24 was he leaving? I mean, what --

25 A. No.

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Page 19

1 Q. Okay.

2 A. No.

3 Q. So they approached you about taking this
4 position when you retired from the Department
5 of Corrections; is that fair?

6 A. Right.

7 Q. Okay. And what did they tell you they
8 needed?

9 A. Well, somebody to manage MSOP was kind of the
10 bottom line. It was a program that, in my
11 opinion, was -- was a real challenge to the
12 state hospital system to manage. It was
13 growing in ways that historically it had not
14 grown, and managing a growing population was
15 something that I had some firsthand
16 experience in when I became a deputy
17 commissioner in -- in two thousand -- or,
18 excuse me, 1996, the prison population was
19 4,500. When I left in 2008 it was 9,000.

20 So we had managed the doubling of the
21 prison population in Minnesota during those
22 12 years and we became pretty good at bonding
23 and building and trying to find the next bed
24 for the next offender that came in, and at
25 the same time trying to manage growth and

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Page 20

1 prepare people for promotion in other
2 positions and challenges, and trying to keep
3 the program a high priority, which is always
4 challenging when money is tight and you tell
5 legislators you need a sex offender program
6 at the new facility in Rush City, they see
7 that differently than we see it. So I had
8 some of those qualifications, again, that I
9 thought could be helpful.

10 I was also a prison warden for about
11 five years, just short of five years at both
12 Stillwater and Oak Park heights, so knew
13 about running closed facilities, and also had
14 a fair amount of experience not as a program
15 administrator, but I worked very closely with
16 the education program, sex offender
17 programming and chemical dependency
18 programming in the department.

19 It became a passion of mine. I had a --
20 unfortunately, my oldest son ended up in a
21 treatment center back in the early 2000s, and
22 I saw the magic that good treatment can work
23 and kind of took that on as a personal
24 project and challenge to keep adding beds.

25 So the other important piece of my resume

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Page 21

1 is when I started in corrections we had not
2 one single inpatient treatment bed in the
3 system. When I left we had somewhere around
4 600 treatment beds, both chemical dependency
5 and sex offender treatment, and some of them
6 were combined programming, and we also did an
7 awful lot around the education initiative in
8 corrections.

9 So, again, I saw this job as contrary to
10 what I know patients will say is it was not
11 my intention to turn it into a prison, but
12 rather provide good programming inside of a
13 secure environment.

14 Q. With respect to Mr. Tessneer and
15 Mr. Kooistra, did they tell you anything else
16 about what they wanted you to do when you
17 took over? I mean, do you recall the
18 specific conversations, that they said
19 something like we want to, you know, fix
20 these security problems at St. Peter or we
21 want to fix these, you know, whatever kind of
22 problems?

23 A. Lots of -- lots of conversation about some of
24 the security aspects of the program and the
25 two physical plants, and they also wanted me

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Page 22

1 to manage the construction of the new
2 facility, which had been planned prior to my
3 coming on. So there was very little I could
4 change about the -- around the blueprint.

5 But the other thing that they did that
6 created a challenge for me when I came on is
7 added all these beds with very little program
8 space. So that's a problem inside of a
9 treatment facility.

10 So my first project was to put together a
11 bonding initiative to add infrastructure, and
12 we did that successfully. We convinced the
13 legislature, I believe in two thousand --
14 bonding years are, what, odd years or even
15 years? Anyway, 2007, I think it was, to add
16 45 million in infrastructure up at Moose
17 Lake, so we got that going.

18 And that was -- in the process of
19 opening, the day I left I did a tour and they
20 were ready to open the new infrastructure.
21 So we had conversation around that.

22 We had conversation around treatment
23 protocol and developing a treatment protocol
24 that was cutting edge. I don't know -- there
25 are lots of numbers, but there were a number

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Page 23

1 of treatment -- or clinical directors prior
2 to my hiring Jannine, so there was -- there
3 was not good stability in the treatment
4 program at MSOP, again, in my opinion, and
5 I'm not a treatment expert.

6 But I do know enough about treatment
7 environments to know that good treatment, in
8 my opinion, was not occurring when I got
9 there in 2008.

10 And we were also concerned about a
11 reintegration initiative, developing an
12 initiative to move people through the program
13 and getting them prepared for release, so we
14 developed a community preparation program
15 that they had some semblance of that when I
16 came in 2008, but it was loosely wired
17 together and, again, it was, in my opinion,
18 not very defensible in terms of how they
19 selected people to prepare them for the last
20 phases of treatment, which was -- which gave
21 them ground privileges and privileges to go
22 into the community and -- and there was also
23 some things lacking about who was selected
24 to -- to go down to the lesser secure
25 facility, which we decided should be

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Page 24

1 St. Peter.

2 That community had had lots of experience
3 with working with marginalized populations
4 and we -- I felt that we could develop an end
5 phase to that program more successfully down
6 there than we could up at Moose Lake where
7 the community pretty much gave us an edicts,
8 said we never want anybody outside of the
9 fence.

10 So -- so there was lots of concern about
11 this population, as there still is today, and
12 how they're managed. So the politics of all
13 this was a new experience for me, and I have
14 considered myself a veteran of navigating
15 legislative waters and getting buildings and
16 developing, but there was a -- a new fear of
17 dealing with this population.

18 And, again, remember, this was post
19 Dru Sjodin, which in my opinion, was kind of
20 the turning point for Minnesota in how we
21 manage sex offenders.

22 Q. So did you have any specific direction with
23 respect to people being released from the
24 program before you started?

25 A. No, I didn't. I certainly expressed my

DENNIS L. BENSON 8/11/2014

Page 25

1 concern about the fact that nobody had been
2 released in many years. In fact, it was my
3 team that started to research that. And
4 there were a couple of guys that had been
5 released from kind of the precursor to MSOP
6 back in, oh, gosh, the late '80s, I believe,
7 and nobody was keeping track of them.

8 We found one of them out on the East
9 Coast who had committed additional crimes,
10 and we worked for about two years to
11 extradite him or get him to come back to
12 Minnesota. And then there was another guy we
13 found that was living in a -- oh, an
14 assisted-living center or halfway house, very
15 responsibly, down in, I believe, southern
16 Minnesota.

17 So we -- I wanted to make sure there were
18 no fugitives out there that were going to
19 haunt the program going forward and impact on
20 our ability to try to do the right thing with
21 respect to developing this treatment program.

22 Q. How would you describe your job duties as
23 executive director when you started in March
24 of 2008, just generally?

25 A. Well, to develop a -- a program for civilly

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Page 26

1 committed sex offenders that was defensible
2 and that was not a prison environment, that
3 was not a -- an attempt at snookering the
4 courts or the legislators, and to do that in
5 a responsible way that still addressed
6 concerns.

7 But it was very -- I tell a story back in
8 the '70s when I started at the prison it was
9 chaotic. It was -- it always reminded me of
10 the childhood book by Dr. Seuss,
11 If I Ran This Zoo Here's What I Would Do, and
12 it goes on to talk about letting the zoo
13 animals run the zoo. And I'm not making the
14 analogy that sex offenders are zoo animals,
15 but rather they certainly that a real hand in
16 what occurred every day in these facilities,
17 and I think that it ought to be the other way
18 around.

19 I think that as an administrator we have
20 responsibility to develop a climate that's
21 conducive to change, and I don't believe that
22 was the case at either Moose Lake or
23 St. Peter.

24 So my first order of business was to
25 develop a six-month strategic plan around

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Page 27

1 developing that climate. And then the next
2 six months would be implementation and hiring
3 appropriate staff so that good treatment
4 could occur in this environment.

5 And I told them when I drove up, if you
6 want a caretaker, if you want somebody to
7 just manage a closed environment, I'm not the
8 right guy. If we aren't going to move people
9 through the program, I don't -- you know,
10 that's not what I do.

11 Q. Is that part of why you resigned in 2012,
12 because you were frustrated that you couldn't
13 actually move people through the program?

14 A. Well, I had moved the first person in
15 20 years through the program, so I had a
16 success in getting Clarence --

17 Q. Mr. Opheim?

18 A. Yeah, through the program. But I -- to
19 some -- I was frustrated, there was no
20 question about it. I was frustrated with the
21 legislature, I was frustrated with the
22 Pawlenty administration, to some degree,
23 because it was difficult to get buy-in for
24 what had to occur if we were going to
25 responsibly release people.

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Page 28

1 But, you know, that was passive
2 aggressive stuff. Nobody looked me in the
3 eye and said we don't ever want anybody to
4 get out, but actions speak louder than words.

5 And we just -- we had trouble doing
6 simple things around this program that, in my
7 opinion, made lots of sense, because nobody
8 wanted to draw attention to it.

9 For instance, the sex offender statute
10 was buried inside of the contours of the DHS
11 statute, and it, in my opinion, clearly had
12 to be a separate statute. There were all
13 kinds of issues.

14 And we put together a committee that was
15 looking at pulling out the civilly committed
16 sex offender pieces and making it its own
17 statute. And it took me four years to get
18 that done. I did -- we did get it done. I
19 think it actually happened, probably, part of
20 it the year I left and then the rest of it
21 the following year.

22 But that was an example where we got to
23 conference committee and, oh, they just
24 didn't want to deal with it because it was
25 going to draw attention. And, you know,

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Page 29

1 they're right too, somebody else could, you
2 know, add something germane to that bill that
3 was counterproductive or even tougher on sex
4 offenders or there was -- continues to be
5 talk about sentencing sex offenders
6 indeterminately, so then they could move the
7 problem from MSOP to corrections where people
8 would get an indeterminate sentence and
9 they'd never get out of prison. And they
10 could do that probably much easier than under
11 a -- a civil process.

12 So, yes, I was frustrated. Then the
13 Dayton administration came along and I -- I
14 can't say enough good things about
15 Commissioner Jesson. I think she really
16 tried hard to move the program in the right
17 direction.

18 But I met a couple of times with her and
19 governor staff, and they never said don't do
20 this, don't do that, but I couldn't get much
21 done those -- I think I was with him a couple
22 of years. We just were -- we ran into
23 obstacles.

24 And then viewing the process, when I --
25 you know, I -- it was there when John, I

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Page 30

1 can't say his name, but he went before the
2 judges and he was denied conditional release.

3 And that was frustrating, I think not
4 only to me, but treatment staff too, because
5 the focus of these hearings continues to be
6 the static part of the record, the part
7 that's never, ever going to change. They
8 spent several days kind of regurgitating what
9 occurred 20, 30 years ago that resulted in
10 his commitment.

11 Which, you know, I kind of get that, but
12 it seems to me, you know, the factors that a
13 release panel should be really concerned
14 about what has happened, what's transpired
15 since he came into the program to now.

16 So I -- I just -- again, the politics
17 around the program are really thick. And I'm
18 a doer. I've always been able to accomplish
19 a fair amount, but certainly didn't feel the
20 same level of success with this program that
21 I had with corrections.

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DENNIS L. BENSON 8/11/2014

Page 37

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Is it fair to say as executive director you were the sort of final voice of all the decisions that were made within MSOP?

A. With respect to operational issues I think it's fair to say.

Q. Okay. Is there anything in particular in the decision-making at MSOP that you did not have direct final responsibility for?

A. Well, I -- I certainly consulted with my boss when we were ready to move somebody to the community prep program. If we were going to do something with respect to a field trip or something that could be controversial, I would always run that by either Wes or Anne Barry at the end or -- I didn't have a lot of direct communication with the commissioner.

DENNIS L. BENSON 8/11/2014

Page 38

1 But the SRB process, when it was time to
2 put somebody up for release or up for
3 consideration, I'd certainly consult with my
4 boss as well and -- but I think that was more
5 of a notification. I don't think anybody
6 ever said no, don't do that.

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Page 47

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Q. Mr. Benson, let's go back to when you started at MSOP as the executive director in 2008. What did you see in terms of the condition of the program? Maybe it would be easier if we took it by area, but however you want to describe it, what did you see as the issues?

A. Well, prior to even coming to MSOP, again, I had done some tours. And as I said we had some corrections people over there, so I had

DENNIS L. BENSON 8/11/2014

Page 48

1 reason to go through the facilities. But one
2 of the things I did when I was in the process
3 of retiring from corrections and taking this
4 job, is I -- I held I think it was eight what
5 I called transition meetings where I would
6 bring MSOP staff over to corrections and just
7 talk about various things.

8 Q. Let me interrupt you for a second. Was this
9 before or after you started?

10 A. This was before.

11 Q. Okay.

12 A. This was probably January, February of 2008.
13 And I would -- for instance, I had the HR
14 director to talk about staffing numbers, and
15 I had health care come over one Friday, and I
16 had a transition team. And, again, in terms
17 of committee, there may or may not still be
18 minutes of some of that somewhere.

19 But we would talk about a variety of
20 different issues so that I had some idea of
21 what the priorities were going to be when I
22 ended up over there.

23 And I guess the -- during the course of
24 those meetings I -- one of the conversations
25 I had with the -- I had a bunch of therapist

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Page 49

1 s that came down, and I remember this young
2 female therapist telling me -- she was
3 pregnant, and she was almost in tears, and
4 she said, you know, I was going home last
5 week and a patient told me the only reason
6 you're going home tonight is because I'm
7 letting you.

8 And I thought, you know, when I started
9 in corrections back in '74, I was scared too.
10 And we had lots of disturbances my first
11 year, we had homicides, we had suicides, we
12 had lots of unrest, and I remember how hard
13 it was some nights, I worked third watch,
14 evenings, and how hard it was to go to work.

15 I thought, well, you know, anybody that
16 comes into these places to work should not
17 have to worry about their safety. That is a
18 critical, critical standard that I think
19 anybody that runs one of these places should
20 pay attention to.

21 And, likewise, if I had a son who, heaven
22 forbid, ended up in one of these places, they
23 should also not have to worry about their
24 personal safety in a facility of this type.
25 So, you know, staff and patient safety was

DENNIS L. BENSON 8/11/2014

Page 50

1 one of the things that I was aware of, that
2 was a concern.

3 And I also met with a number of patients
4 when I was going through this transitional
5 process from corrections to MSOP. So I paid
6 close attention to that and the -- kind of
7 the wide open system that may have worked
8 well when the state hospital or the program
9 had a hundred or 150 patients, but as it grew
10 it required more and more order. So I felt
11 that we needed to not necessarily establish
12 control, but establish order in these places.

13 So we developed a daily routine, we
14 developed a policy around that, and we paid
15 very close attention to, you know, the whole
16 patient/staff safety issue and what it would
17 take to bring that up to a standard that I
18 felt was acceptable. Part of the problem too
19 was crowding, and bringing these new beds on
20 was going to help.

21 But the best security, in my opinion, is
22 always good programming, and that was the
23 other piece that was missing, is there --
24 people were in and out of treatment
25 routinely.

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DENNIS L. BENSON 8/11/2014

Page 51

1 The other thing I saw that concerned me,
2 and my -- my attorney, my staff attorney told
3 me the same thing, is that part of the
4 protocol for the previous administration was
5 the officers would be involved in --
6 peripherally involved in the treatment
7 process doing some documentation and -- and
8 they weren't properly trained.

9 So there were numerous data challenges by
10 patients that was taking up an inordinate
11 amount of time. So I felt we had to do one
12 of two things. We had to properly train
13 people or their job was going to be security
14 and they were going to be involved in
15 treatment in another, more defensible way.

16 So we -- we developed a policy around
17 accountability, daily routine, a staff -- or
18 a patient movement policy, so they -- we
19 didn't just open the doors in the morning and
20 kind of freewheel through the day, but there
21 was much more order to it, at least up at
22 Moose Lake.

23 St. Peter, which I also determined would
24 be the less secure where later phases in
25 treatment would occur, obviously, they'd have

DENNIS L. BENSON 8/11/2014

Page 52

1 more freedoms down there. But the one thing
2 I found when I got there was there was no
3 curfew. They could stay up as long as they
4 wanted, their doors would be left open.

5 And many of these people are predators,
6 and we had patients that were being abused,
7 we had patients that were being victimized,
8 we had patients that were being used. And so
9 we addressed issues like that.

10 We -- I said there's going to be a
11 curfew, we're going to lock the place up at
12 night. And we also had had two escapes in
13 2005, 2006, so at least at 10 o'clock at
14 night or 10:30, whenever we lock them up, I
15 can't tell you exactly, the exact time, we
16 sort of know we got them from 10 at night to
17 6:30, 7:00 in the morning.

18 And that was -- I got a reaction to that.
19 You know, they continue to say, I'm sure they
20 are today too, this is a treatment program,
21 this isn't a prison and da, da, da, da, da.
22 But it's no different, in my opinion, in
23 submarines or aircraft carriers or anything
24 else, there's order in those societies.

25 And I've always said these are like

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DENNIS L. BENSON 8/11/2014

Page 53

1 little villages, little towns, there's got to
2 be some sense of order. So we tried to do
3 what was reasonable. We tried to do it in a
4 way that didn't impact on treatment or the
5 treatment day, but also ensured some -- a
6 higher degree of staff safety and patient
7 safety.

8 So that's a long answer to a short
9 question, but one of the things I saw was a
10 climate that was not conducive to good
11 treatment, a climate that lacked order. It
12 was almost chaotic, in my opinion, in some
13 respects. So we had to do some things to
14 address that.

15 Room allowable items, in my opinion, were
16 completely out of control. And when I was in
17 prison, running prisons, I knew that there
18 were lots of standards around fire safety
19 that obviously had been ignored by DHS, in my
20 opinion.

21 So when I called the fire marshal, he
22 said that, yeah, we've -- we've been told
23 that those standards really don't apply to
24 our facilities. But I think there were lots
25 of genuine, not fabricated fire and safety

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DENNIS L. BENSON 8/11/2014

Page 54

1 issues with respect to what they were allowed
2 to have in their rooms, to and including
3 mattresses and bedspreads that were not fire
4 retardant, and that was a problem, from my
5 perspective.

6 They were also cooking food down in the
7 kitchen areas, which was a privilege that was
8 not controlled, everybody got to take
9 advantage of that, and the ductwork was -- in
10 some cases had a quarter inch of grease in
11 them, and vent fires are very dangerous. So
12 I -- I asked the fire marshal to do a -- an
13 inspection and give me a report and be very
14 honest about what his concerns were with
15 respect to those units and the allowable
16 items and whatnot.

17 So we did -- we made some changes around
18 that. And that also caused quite a reaction.
19 But, again, in my opinion, it was something
20 that really needed to be done from a safety
21 perspective.

22 Q. How about with respect to the treatment side
23 of the equation. You mentioned lots of
24 things in that first discussion about the
25 security and -- and needing more order. What

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DENNIS L. BENSON 8/11/2014

Page 55

1 about the treatment program, what did you see
2 as the problems with the treatment program?

3 A. Again, kind of the same thing. I don't think
4 there was good treatment occurring. I think
5 they were understaffed, poorly trained,
6 young, inexperienced therapists that really
7 showed signs of lack of proper training,
8 supervision and experience.

9 And, again, I go back to when the prison
10 population went from 4,500 to 9,000, you end
11 up spending too much time on finding the next
12 bed, the next bunk, and not enough time on
13 hiring appropriate and proper staff.

14 And this population grew so quickly over
15 there that they really weren't ready for all
16 of that. So finding the right staff,
17 training the right staff.

18 And this is -- this is a very complex
19 population that need the best therapists, the
20 best training, and they need to know that
21 they're going to get their -- their clinical
22 time X number of hours every week.

23 And the treatment that was occurring was
24 sporadic and it was inconsistent from unit to
25 unit and supervisor to supervisor. So I knew

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DENNIS L. BENSON 8/11/2014

Page 56

1 that this was going to be a huge challenge,
2 and I had to find a clinical person that had
3 the patience and fortitude to build a -- a
4 clinical process that was really going to
5 work.

6 And it took awhile to find the right
7 treatment director. I looked inside of DHS,
8 I talked to a couple of people, and I also
9 then looked at a couple people in corrections
10 that were sex offender experts, in my
11 opinion.

12 And, again, I knew enough about sex
13 offender treatment from my days in
14 corrections to know that kind of the cutting
15 edge treatment protocol was really coming out
16 of Canada, and still is, in my opinion.
17 There's some in Europe.

18 But DHS, again, in my opinion, was
19 embracing sex offender treatment that was
20 dated and they weren't keeping up with
21 hiring. I think we were -- the day I drove
22 up we were probably 50 clinical positions
23 understaffed.

24 And as -- you know, the other thing I
25 will say is that it's just like becoming a

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DENNIS L. BENSON 8/11/2014

Page 57

1 good correctional officer, you don't drive up
2 with a college education and you're good at
3 it. It's all about experience, it's all
4 about good training, and that process takes
5 not months, but literally years.

6 And, you know, I'm sure Jannine will tell
7 you that even today trying to keep up with
8 the hiring process and the training process,
9 and you make mistakes, you hire people that
10 have no business in that business, they don't
11 work out and you've got to get rid of them,
12 start all over, and I'm sure that's occurring
13 too. So it takes a long time to develop
14 that. And there's no question that good
15 treatment was lacking when -- when I took
16 this job.

17 Q. Is the -- when you -- again, we're still on
18 the 2008 when you started as executive
19 director. Was it because they didn't fund
20 the program sufficiently?

21 A. No, I don't believe that was the problem.
22 Again, I've never had an easier time getting
23 money.

24 Q. Why do you say that?

25 A. Because the politicians were not going to

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DENNIS L. BENSON 8/11/2014

Page 58

1 find themselves in a position where they --
2 they could in any way be seen as being soft
3 on sex offenders. It was -- it was no more
4 complicated than that, in my opinion. They
5 were careful.

6 In fact, when I got there, the other
7 thing I did is the security staffing was
8 something that was unusual, in my experience.
9 And in corrections I had always been pushed
10 to lower your per diem, lower your per diem.
11 We had a high daily cost in corrections, so I
12 spent -- the 12 years I was in corrections we
13 brought the per diem from about \$90 a day
14 down to \$78 a day, and we absorbed all the
15 inflation and we got lots of accolades for
16 that.

17 Well, I get over here and I developed a
18 plan to cut some security staffing, and I was
19 told no, we're not going to cut security
20 staffing, and they didn't care that the per
21 diem was \$300 a day or 200 and some. So I
22 could cut some other things, but -- and the
23 union, of course, was making noise at that
24 time too.

25 And we found ways to cut the per diem in

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DENNIS L. BENSON 8/11/2014

Page 59

1 other ways, and one, of course, was just
2 economy of scale, you get cheaper and
3 cheaper. But that whole idea that you've got
4 to lighten the financial load was just not
5 present there the way it was in corrections.

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DENNIS L. BENSON 8/11/2014

Page 61

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Q. Did you -- did you -- let me back up.

When you came onboard in 2008, you understood under the current statute that nobody had been released?

A. Correct.

Q. And did you have discussions with, let's start with DHS, with respect to that problem?

A. I had discussions with Commissioner Ludeman

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DENNIS L. BENSON 8/11/2014

Page 62

1 about that when I took the job and
2 Wes Kooistra. And I made it real clear that
3 I wasn't interested in taking this job if
4 I -- my job was to just warehouse sex
5 offenders.

6 Q. And what was the -- what was the response?

7 A. I got a positive response from
8 Commissioner Ludeman and Wes Kooistra.

9 Q. What did you see as the problem when you
10 started in -- in 2008, why weren't people
11 being released?

12 A. Well, again, you know, and it's -- I'm sure
13 the patients get tired of hearing it, but
14 every time there was a new clinical director
15 there was a new treatment protocol, so they
16 were kind of going back to square one.

17 And when I got there and when I hired
18 Jannine, she went through the process of
19 trying to determine where everybody was at.
20 And treatment records were lacking and she
21 just was not comfortable making any strong
22 recommendations until she had done an
23 analysis of not only the treatment protocol,
24 but where everybody else was -- everybody was
25 at.

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Page 63

1 So, unfortunately, we kind of started
2 over too in many respects. And, you know, as
3 we got through the first couple of years, we
4 were able to fast-forward a few people and
5 move some people from up north where the
6 beginning phases of treatment occur down to
7 St. Peter, and we were, you know, I think
8 slowly starting to figure out how much valid
9 treatment people had had previous to our
10 coming to try to give them some credit.

11 But of course we didn't want to make a
12 mistake either. We didn't want to
13 prematurely recommend somebody for campus
14 privileges and have them take off. So we
15 were very careful. We were keenly aware of
16 the climate in which we were operating.

17 So, again, you couple that with being
18 understaffed, with incredible growth and
19 finding the right people, training them, and
20 from the -- you know, the outsider, it was
21 difficult to explain why it was taking so
22 long.

23 And I'm sure she will tell you the same
24 thing, we're -- you know, we're trying to
25 validate where they're at in the process and

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DENNIS L. BENSON 8/11/2014

Page 64

1 make appropriate recommendations.

2 But now I believe they have the community
3 reintegration beds almost full and they're
4 probably going to have to build more of those
5 beds. So there's a lot of people now that
6 are starting to push at the end of the
7 process. But, of course, the process is
8 incredibly cumbersome.

9 Q. And by process there you mean the SRB --

10 A. Right.

11 Q. -- and then Supreme Court Panel, the SCAP
12 process?

13 A. Yeah.

14 Q. And why, in your view, is it cumbersome?

15 A. Well --

16 Q. Again, I'll still talking about 2008 when you
17 came in, so that's what I want you to think
18 about.

19 A. In 2008 there wasn't much happening at the
20 end. I mean, Rydberg, John Rydberg --

21 Q. That was the name you were trying to think of
22 earlier?

23 A. Yeah. Yeah. He was headed in that direction
24 and there had been -- I don't recall exactly
25 where he was in the process, but he was

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Page 65

1 headed towards being considered when we got
2 there.

3 Q. And it was -- he was ultimately denied
4 provisional discharge?

5 A. Right. Right.

6 Q. Let's talk a little bit about the SRB, SCAP
7 process. When you came in 2008, do you know
8 how many petitions were pending? I mean, do
9 you know if there was a backlog?

10 A. There was a backlog. I can't tell you how
11 many.

12 Q. Did you -- were they tracking that process at
13 that time? Were they tracking how long it
14 took and how many -- how -- what the backlog
15 was, et cetera?

16 A. No, we started that process of trying to
17 figure that out, make some sense of it.

18 Q. As you recall in 2008, whose responsibility
19 was it to appoint SRB members, you know,
20 people to be on the SRB --

21 A. I believe it was the commissioner's.

22 Q. And did you have any conversations with the
23 commissioner about the fact that there wasn't
24 enough SRB members?

25 A. Yeah. That was kind of a perennial issue. I

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Page 66

1 don't think we ever really stopped having
2 that discussion.

3 Q. Was there resistance to appointing more SRB
4 members?

5 A. No, I don't think there was resistance, but I
6 don't know that anybody held it as a real
7 high priority either.

8 Q. Do you recall any statutory or a regulation,
9 rule that prohibited the commissioner from
10 appointing more SRB members?

11 A. I don't recall.

12 Q. At any time that you were executive director,
13 do you recall any restrictions on the number
14 of SRB members that the commissioner could
15 appoint?

16 A. I don't recall.

17 Q. Do you recall having conversations either
18 with Commissioner Jesson or Commissioner
19 Ludeman about, you know, why don't we double
20 the number of SRB members so we can get rid
21 of this backlog?

22 A. I believe that we had discussion around that
23 issue. I don't know that doubling it was
24 ever a recommendation. But we -- we
25 certainly had discussion around that issue

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DENNIS L. BENSON 8/11/2014

Page 67

1 and the cumbersome nature, again, from my
2 perspective, of -- of the process.

3 Q. That was -- but your view was there wasn't
4 enough SRB members, correct?

5 A. Right.

6 Q. And your view is that backlog was an
7 inappropriate, sort of, bottleneck in the
8 release process?

9 A. It was one of the problems.

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DENNIS L. BENSON 8/11/2014

Page 68

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5 Q. Okay. So there was this SRB bottleneck,
6 again, the bottleneck is my -- my word, that
7 was, you know, slowing up the process of
8 potential discharge for people, correct?

9 A. (Nods head.)

10 Q. What were the other bottlenecks in 2008 when
11 you took over with the -- with the process?

12 A. Well, certainly the appeal process took time.
13 And it was -- I saw it as a problem, but I
14 didn't see it as a screaming priority,
15 because, again, Jannine and I were nervous
16 about recommending people until we had an
17 opportunity to really do an analysis.

18 But the -- the number of people that had
19 the -- I guess, according to the statute, the
20 ability to weigh-in on the process, was a
21 problem, in my opinion. And as time went on,
22 the number of people that either were elected
23 or served at the pleasure of was a problem.

24 I mean, I don't believe that this program
25 can work, I don't care how good your

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DENNIS L. BENSON 8/11/2014

Page 69

1 treatment is, under the current process. I
2 think it -- I think it was well-intended, but
3 it's an old, you know, unintended consequence
4 thing. And until we can get politicians out
5 of the process, I believe it's going to
6 continue to be a problem.

7 Q. Let me -- let me just make sure I understand
8 that. I think I do.

9 In the current discharge process, which
10 was the same when you took over in 2008, the
11 county attorney from the commitment county
12 gets to have a say --

13 A. Yup.

14 Q. -- correct?

15 And, of course, the MSOP program gets a
16 say?

17 A. Yup.

18 Q. And the person whose petitioning gets a say?

19 A. Uh-huh.

20 Q. And then the Attorney General's Office gets a
21 say?

22 A. Uh-huh.

23 Q. And any interested person, that would include
24 the victims or any victim advocacy groups,
25 right, gets a say?

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Page 70

1 A. Uh-huh.

2 Q. That's when you mean when you say there was
3 too many political figures?

4 A. Right. And the commissioners involved in the
5 loop. And then, of course, the panel are
6 elected officials as well.

7 Q. Right.

8 A. Great people, but they're elected officials
9 and --

10 Q. So in your view, the sort of whole process
11 was set up in a way that, intent aside, just
12 couldn't work to discharge sex offenders
13 back --

14 A. Right.

15 Q. -- into the community?

16 A. Right.

17 Q. And did you have instances during your tenure
18 as executive director where you were
19 supportive of a discharge, but the
20 commissioner was not?

21 A. Well, I was supportive of -- well, and
22 Rydberg was ultimately -- did go before the
23 panel. I don't know that I had issues with
24 either of my commissioners with respect to
25 that.

DENNIS L. BENSON 8/11/2014

Page 71

1 Q. Okay. When you -- when you said that you and
2 Dr. Hebert were nervous about sort of getting
3 behind the release of someone until you had a
4 chance to reevaluate them, did you put in
5 place a process by which people were going to
6 be reevaluated for their -- whether they
7 should continue to be committed?

8 A. Not necessarily continue to be committed,
9 because, you know, that -- that cow was
10 already out of the barn. They were
11 committed. It was where are they at in
12 treatment and what -- what are their
13 treatment needs, where should they be in the
14 process, should they be phase 1, phase 2,
15 phase 3. So that's what we focused on.

16 We -- we had some folks that -- and we
17 had the other problem too. I remember we
18 inherited a patient that had been
19 fast-forwarded to the community prep program
20 and he was not ready, and we were very
21 nervous about that and we ended up
22 ultimately, shortly before I left, having to
23 bring him back inside, because he had an
24 incident with a female patient from the
25 security hospital.

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Page 72

1 So, again, that's another example of a --
2 in my opinion, a flawed process where the
3 courts at the front-end said this guy should
4 go right into the community prep part of the
5 program.

6 The other thing that happens out there,
7 that I'm sure you're aware of, and I'm
8 editorializing, but I think it's an important
9 point to make, is we -- and I testified in
10 front of the legislature on this too.

11 But we got an old man, I think he was in
12 his eighties, who the county didn't know what
13 to do with and he had an old sex offense and
14 he was in a probation violation, I believe,
15 and he -- essentially, they let -- the courts
16 let him sign himself into this program. An
17 incredibly expensive program, and he had lots
18 of medical issues. And we ended up with this
19 guy.

20 I mean, and -- so, again, I believe it's
21 not just at the back-end that there are
22 issues, it's at the front-end too, again,
23 because you have people who are elected
24 involved in a process of sex offenders, which
25 is a scary word to anybody whose standing for

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Page 73

1 election.

2 Q. Did you have discussions when you first
3 became executive director about the
4 possibility of -- I use the term less
5 restrictive alternatives, but perhaps
6 alternative placements --

7 A. Yes.

8 Q. -- for the people that were in the MSOP?

9 A. Yes.

10 Q. And was your view at that time in 2008 that
11 there were people at Moose Lake or St. Peter
12 who could be housed in a less restrictive
13 alternative?

14 A. Yes. Generally speaking, I believe it would
15 be safe to say. I won't speak for Jannine.
16 But I -- I would not say that unless she said
17 it. I'm not a treatment expert and I don't
18 pretend to be, but as time went on we had
19 lots of conversation about a number of
20 patients that we were dealing with and
21 probably would have been appropriate
22 candidates for other programs or certainly a
23 less restrictive alternative.

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DENNIS L. BENSON 8/11/2014

Page 74

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5 Q. But, in particular, the discussions that you
6 had as you became the executive director, the
7 mentally disabled group was a possible group
8 that could have been handled in a less
9 restrictive alternative?

10 A. Yes.

11 Q. And how about the -- what I would call the
12 juvenile group, the young adults who had
13 committed only juvenile offenses?

14 A. We certainly had concerns about that group.

15 Q. When you say you had concerns, what do you
16 mean?

17 A. Well, the fact that, in my opinion, the
18 program was stuck, and you have very young
19 individuals who may or may not be very
20 dangerous. Again, we -- I didn't know. But
21 I just think that a program like this -- I
22 mean, even if it were a program that was
23 running like the Wisconsin model, to bring
24 somebody to this level without exploring
25 other options, or in Minnesota's case,

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Page 75

1 developing other options, is unacceptable.

2 It -- it's swatting a mosquito with a

3 15-pound mallet.

4 And -- and then, again, let's assume that

5 they jump through every hoop perfectly, then

6 you get to the SRB process and -- and then

7 it's -- it's a political crapshoot.

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DENNIS L. BENSON 8/11/2014

Page 77

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Q. So is it safe to say, Mr. Benson, that your view is that what's broken at MSOP can be generally characterized as the involvement of political figures in the decision-making process?

8

9

10

I don't think

11

you and I would be here today if we had a

12

different release process. If we were

13

releasing three to eight a year and we were

14

doing something on the front-end about the

15

indiscriminate commitment of these people, I

16

don't think we would -- I don't think we'd be

17

talking about, you know, the fact that I took

18

away their Vikings bed sheets.

19

Q. Do you agree that the conditions of

20

confinement, if we can use that term sort of

21

generally, do affect the treatment, that the

22

two are interchangeable or linked?

23

A. I believe that they can affect the treatment.

24

I don't believe that they are -- currently --

25

I haven't been there for two years, but I

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Page 78

1 don't think a lot has changed. I think the
2 conditions of confinement that we instituted
3 were necessary to create an environment
4 that's conducive to change and good treatment
5 and order in a facility.

6 I would argue until the cows come home
7 that they're not punitive, they weren't
8 intended to be punitive. They were intended
9 to make it safer and consistent with -- with
10 getting them prepared for release.

11 And, you know, my -- my sadness around
12 that is I don't think it matters, because I
13 don't think once they're ready for release
14 they're necessarily going to get a fair shot.
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DENNIS L. BENSON 8/11/2014

Page 79

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3 Q. Would you agree with me that if we had a
4 population of 50 or 100 or even 200, that we
5 wouldn't necessarily need the controls that
6 we need with a population of 700?

7 A. Again, if the release process and the intake
8 process were fixed, I might -- I might agree
9 with some of that. But I still think you
10 have to have a sane environment.

11 You know, I go back to my experience in
12 prison. When I started at Stillwater they
13 had only 600 inmates and the place was a
14 complete madhouse. Today they have 1,400.

15 And I went through this at Stillwater. I
16 went back as the warden in '93 and instituted
17 controlled movement and changed the visiting
18 policy dramatically and all of those kinds of
19 things, because, yes, I think it's -- you've
20 got to have some controls when you have a
21 small population too, but you might need more
22 controls when that population grows.

23 Incompatibility in any closed society
24 today is a -- it's an ever-present issue.
25 People with gang issues and -- so there's

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Page 80

1 reason to have to separate people. Two
2 people can't live together. You put one in
3 unit A and the other in unit B and give them
4 the same privileges as everybody else gets,
5 and I think that that keeps -- it's
6 defensible then, it keeps your -- people safe
7 and it also defends the fact that they have
8 equal access and equal protection issues
9 that, you know, we all struggle with in these
10 kinds of situations.

11 Q. Would you agree with me that part of the,
12 sort of, need for these kinds of controls
13 that we're talking about resulted from the
14 fact that people were so frustrated about the
15 release -- the progress through treatment and
16 the release process, the patients, that is?

17 A. Certainly, I believe there is that
18 frustration. But, again, I -- I don't know
19 that what we instituted I wouldn't have done
20 if we had a population of, you know, 200. I
21 just think there -- the reason -- I mean,
22 based on my experience and based on where
23 I've been in -- in both corrections and in
24 this environment, it just -- you've got to --
25 if you're going to provide treatment, you've

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DENNIS L. BENSON 8/11/2014

Page 81

1 got to have a sane environment, you just do,
2 and you've got to have some order.

3 Q. You've used that order sane environment
4 several times. By sane you mean safe for the
5 staff and safe for the patients?

6 A. Correct.

7 Q. Your background in -- with respect to this is
8 mostly in corrections. Do you see a
9 difference between the treatment facility
10 that you were asked to run at MSOP and the
11 prison facilities that you were asked to run
12 in the DOC in terms of the need for, you
13 know, the kinds of things that we've been
14 talking about, restricted movement and such?

15 A. I think there's certainly different --
16 they're different. There's no question that
17 they are different, but there are also
18 parallels.

19 Q. Do you think that the MSOP protocols that you
20 put in place are less restrictive than the
21 prison protocols?

22 A. I think they're -- certainly, the way that
23 MSOP runs is different than Stillwater and
24 Oak Park Heights where I was the warden.
25 There are, I think, glaring differences.

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DENNIS L. BENSON 8/11/2014

Page 82

1 Q. MSOP being less -- less restrictive?

2 A. Yeah, yeah.

3 Q. Well, tell me what you mean by glaring
4 differences. I'm --

5 A. Well, it's a -- it's a clinical environment
6 and there's, I think, more ability to move
7 around to make sure that people have adequate
8 access to treatment.

9 It is a -- you know, it's certainly more
10 therapeutic in the way that we do recreation,
11 hobby craft, meals and privilege level
12 grounds, moving about the grounds, going into
13 the community down in St. Peter. Those
14 things are all very different from prison.
15 Discipline is very different.

16 We -- we have a very different due
17 process system in prisons than we do at MSOP.
18 Holding people appropriately accountable is
19 very different with the unit restrictions at
20 MSOP than they are in a prison setting.

21 And those were all lessons I had to learn
22 too. I mean, I -- I didn't go in there with
23 this notion, again, that I've got to do
24 everything like we did in prison, but there
25 were things that we did in prison that

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DENNIS L. BENSON 8/11/2014

Page 83

1 addressed a specific issue and it worked, and
2 some of that it made sense to me to have that
3 discussion as we made changes in MSOP.

4 But I did that in a thoughtful way and in
5 an inclusive way. I had lots of clinical
6 people around the table and said we have this
7 problem, these two guys are problematic if
8 they are together, they -- one -- they prey
9 on each other and help me develop a process
10 where we can address things like that.

11 So when it came to things like visiting
12 policy, phone monitoring, the due process, we
13 had lots and lots and lots of discussion
14 about how can we appropriately hold people
15 accountable so that, you know, people can act
16 out and a day later they have the same
17 opportunity to act out. So we -- you know,
18 we tried to be very thoughtful about how we
19 did that.

20 And, of course, the Elliot Holly case
21 that we spoke of earlier, you know, gave rise
22 to some of that. I got the message very loud
23 and clear that you can't just throw people in
24 a room and really you can't in prison anymore
25 either. I mean, due process means due

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DENNIS L. BENSON 8/11/2014

Page 84

1 process, and I think it's a good thing that
2 the courts -- it was one of the consent
3 decrees that Stillwater was under back in --
4 as a result of time in the seventies.

5 So I have some -- some history with that
6 and brought some of that, I guess, knowledge
7 and history over to MSOP and then added
8 clinical to the mix and tried to come up with
9 something that works.

10 But, if people were really moving through
11 the system, you're -- especially with the
12 younger offenders -- or younger patients,
13 there probably wouldn't be the level of
14 acting out that there is and the feeling of
15 hopelessness that there is in that
16 environment and the fact that people don't
17 participate because they've given up.

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DENNIS L. BENSON 8/11/2014

Page 87

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22 Q. When you and Jannine sort of decided
23 that -- let me start over.

24 When you and Dr. Hebert sort of decided
25 that you needed to start fresh with a -- with

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DENNIS L. BENSON 8/11/2014

Page 88

1 a new treatment program when she came
2 onboard, did you have in mind how long it
3 would take for people to move through from
4 phase 1 to phase 3 and then to CPS?

5 A. Well, I didn't. Again, I'm not the treatment
6 expert, but I -- you know, those are all
7 questions that I'm sure Jannine can answer.
8 She will tell you, I'm sure, that every case
9 is different, some people move quicker than
10 others. There's kind of a mean average for a
11 population like this where they are, you
12 know, a pretty difficult group. The average
13 number of felonies -- or victims, rather, is,
14 you know, somewhere around 15 to 16.

15 So they're -- they're not an easy group
16 to treat. But it all depends on how much
17 treatment they had in prison, most of them
18 came from prison or were in prison, how many
19 treatment experiences they had.

20 And it isn't like she discounted any
21 previous treatment they had at Moose Lake,
22 but on the other hand, she sure didn't give
23 them full credit for -- you know, if they
24 said they were in treatment for five years,
25 you know, there's no magic in that number.

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DENNIS L. BENSON 8/11/2014

Page 89

1 She would do her own analysis and she could
2 give -- go into great detail about where --
3 how she arrives at where she thinks people
4 are on the treatment continuum.

5 Q. Do you -- did you have any experience -- I
6 understand you don't consider yourself a
7 treatment expert. But did you have some
8 experience with the prison treatment programs
9 for sex offenders?

10 A. I was around treatment programs for all the
11 years I was in corrections. I spent a lot of
12 time in the -- the Oak Park Heights program,
13 high security. We -- I was very involved in
14 developing a -- a chemical dependency sex
15 offender treatment program at that facility
16 and spent a fair amount of time there as we
17 moved people through that program.

18 So I kind of get, you know, how it starts
19 and how they move through and the magic of
20 the therapeutic community and certain
21 breakthroughs that patients achieve and
22 others that get stuck and others who are
23 gamers and those that just aren't interested
24 in changing, and we have those at Moose Lake
25 too. And then the -- those that desperately

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DENNIS L. BENSON 8/11/2014

Page 90

1 want to change but just, for a variety of
2 reasons, have trouble, including the mental
3 health component that's forever present in
4 these places.

5 The other population we didn't talk about
6 that I find frustrating is the -- the elderly
7 population. These guys are taking up a bed,
8 they're 80 years old. If you go to the
9 geriatric unit at Moose Lake you'll stumble
10 over wheelchairs and walkers.

11 And, again, in my opinion, there has to
12 be a better, cheaper alternative for these
13 people. Many of them are not participating
14 in treatment, but, I mean, you could put them
15 in a -- in a facility that's, I think,
16 cheaper and offers the same kind of
17 protection that Moose Lake does.

18 Q. Well, I take it that you're -- you share my
19 view that many of those people are no longer
20 dangerous in the way that they were committed
21 for, because they're either so old or so sick
22 they just can't be a danger anymore?

23 A. That's correct.

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DENNIS L. BENSON 8/11/2014

Page 95

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Q. Mr. Benson, let me show you an e-mail chain
that I've marked as Exhibit 3. Tell me if
you can identify that for the record.
A. (Reviews document.) So this was after I
retired.

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DENNIS L. BENSON 8/11/2014

Page 96

1 Q. Well, tell me when you retired.

2 A. June 5th, 2012, didn't I? Yeah.

3 Q. Let me start on the first page. There's an
4 e-mail from you, partway down there, and you
5 see the e-mail address the somtel.net

6 A. Yup.

7 Q. Is that your personal e-mail?

8 A. Yup.

9 Q. Were you asked to search your personal
10 e-mails for MSOP-related communications in
11 this case?

12 A. I don't recall.

13 Q. Did you use your personal e-mail when you
14 were still the executive director at MSOP?

15 A. Occasionally.

16 Q. In that e-mail you say, "Careful, Jannine!
17 The best treatment in the world can't occur
18 in the MSOP I inherited, they are a horse
19 apiece." Do you see that?

20 A. Uh-huh.

21 Q. First of all, tell me what you mean by they
22 are a horse apiece?

23 A. Well, I -- I'm not sure. I think it's -- I
24 think I must have been referring to security
25 and treatment.

DENNIS L. BENSON 8/11/2014

Page 97

1 Q. By horse apiece do you mean that they go hand
2 in hand?

3 A. They have equal -- they're equally as
4 important.

5 Q. In the sentence before that you say, "The
6 best treatment in the world can't occur in
7 the MSOP I inherited."

8 A. Uh-huh.

9 Q. What do you mean by, "The MSOP I inherited"?

10 A. Well, the mess that I walked into in 2008.

11 Q. That's what we were talking about earlier
12 this morning?

13 A. Yeah.

14 Q. And that was both related to the security
15 issues that we've talked about and the
16 treatment issues?

17 A. Uh-huh.

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DENNIS L. BENSON 8/11/2014

Page 98

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Q. You have said earlier that you don't consider
yourself to be an expert in treatment. Do
you have any views on whether the treatment
hours are appropriate at MSOP?

A. Again, I -- as somebody who has been around
treatment for many years, but I'm not an
expert and I -- I don't pretend to be, but I

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DENNIS L. BENSON 8/11/2014

Page 99

1 think that treatment hours are coming along.
2 I don't think that -- we were criticized for
3 treatment hours in the legislative auditor's
4 report, and I think we, you know, made an
5 attempt at trying to address that.

6 But Jannine often told me that treatment
7 hours mean different things to clients who
8 are at a different phase in treatment. For
9 many of them who are antisocial, and a fair
10 number of sex offenders are, having a
11 conversation in a day room in a unit during
12 the evening might be very therapeutic to
13 somebody who has just driven up and just
14 starting treatment as opposed to isolating
15 themselves where also many sex offenders get
16 themselves into trouble when they isolate
17 themselves and don't communicate and pretty
18 soon they're into thinking and fantasizing
19 and maybe even acting out on practices that
20 are criminal or unacceptable.

21 Q. Do you -- you've mentioned several times that
22 when you started at MSOP as the executive
23 director that the treatment program, again
24 this is my words, was not adequate.

25 A. Right.

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DENNIS L. BENSON 8/11/2014

Page 100

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Q. And during the four years or so that you were executive director, did you fix the treatment program problems?

A. Well, I think we made progress. I would submit that we made progress.

Q. Why -- why haven't more people been released, in your view?

A. I believe it's -- again, I keep using the

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DENNIS L. BENSON 8/11/2014

Page 101

1 word stuck, but I think the -- the crux of
2 the problem is the -- in terms of release, is
3 the release process. I think it's -- it's
4 politically charged and it's -- politics
5 guide the thinking of those involved in that
6 process. I also think the program is -- is
7 committing people who probably could be
8 treated at a less secure -- in a less secure
9 setting. We have the largest program per
10 capita in the United States. We have one of
11 the -- I think it's the third or fourth
12 largest program next to states like
13 California and Florida.

14 Q. Do you -- and you think that's -- that is --
15 can generally be summed up as the problems
16 with the commitment process and the problems
17 with the release process?

18 A. I think those are the two overarching
19 factors. And, again, I'm not excusing the --
20 the fact that treatment isn't perfect and the
21 fact that it takes that piece of it a fair
22 amount of time to get up to speed to --
23 particularly when you continue to make
24 changes. But if we had a system that truly
25 was a political at the front-end and we had

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DENNIS L. BENSON 8/11/2014

Page 102

1 community resources that were available, I
2 think we'd have fewer people in the program,
3 thus, your -- your -- the challenge of hiring
4 the right number of therapists would diminish
5 dramatically. I think then also turnover
6 goes down and treatment is more efficient and
7 you're going to maintain staff, you're going
8 to gain experience.

9 And then at the back-end, people really
10 did -- if you had the same people looking at
11 people coming in as you did going out, I
12 think there would be some value in that too.
13 I mean, I would structure it very differently
14 than it currently is if I were --

15 Q. King?

16 A. -- king and could do it, but obviously I'm
17 not.

DENNIS L. BENSON 8/11/2014

Page 105

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3 Q. Okay. Do you think that the MSOP uses the
4 current technology sufficiently?

5 A. Technology in terms of?

6 Q. Well, like GPS monitoring systems and the
7 kinds of things that would allow more
8 community-based treatment?

9 A. Well, we brought -- that's something else
10 that we did up -- or down at St. Peter when I
11 was actually still in corrections, but we got
12 them going on a GPS monitoring on the campus.
13 And I think -- I think the program does a
14 pretty good job of that, but outside of that,
15 I don't think we do.

16 I think there are other options for the
17 courts too. I think the courts have -- I
18 think this is a copout in some respects, just
19 to throw them in this program. I talked
20 about the scenario of the old man who more or
21 less signed himself in and -- and it's -- you
22 know, it covers their back side to commit
23 them or at least file a petition.

24 And you get up into some of these, with
25 all due respect, rural areas, and, you know,

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DENNIS L. BENSON 8/11/2014

Page 106

1 the judges are not going to take that risk if
2 they've got this option and they come.

3 So I think we could do more with GPS, I
4 think we could do more with, you know, just
5 the therapeutic technology that's available
6 today, that -- there's home arrest or home
7 monitoring, we could make better use of that
8 technology.

9 But, again, citing any kind of even an
10 outpatient program in greater Minnesota is
11 going to be a challenge. DHS tried to get a
12 facility for mental health juveniles up in, I
13 believe it was Anoka here, about six,
14 seven years ago, and just had a hell of a
15 time. So there's always going to be that
16 challenge.

17 But I think this is an area where people
18 have got to rise above the politics and do
19 the right thing or -- or this -- this program
20 is going to, I think, eventually be deemed
21 unconstitutional, and in its current form
22 probably should be.

23 Q. Do you -- is it your view, Mr. Benson, that
24 the security problems that you faced when you
25 took over as executive director, were also

DENNIS L. BENSON 8/11/2014

Page 107

1 contributing to the treatment problems?

2 A. Yes.

3 Q. Because you -- when you talk about the horse
4 apiece --

5 A. Yes.

6 Q. -- it's your view that those two go hand in
7 hand?

8 A. Right.

9 Q. Can you have too much security?

10 A. Yes.

11 Q. And you can have not enough security?

12 A. Yes.

13 Q. Did the program swing too much the other way?

14 A. In my opinion, no. You mean --

15 Q. Too much security.

16 A. Too much security? No. But there's always
17 room for adjustment. I mean, some of these
18 things you do and you tweak it forever. I
19 mean, you -- for instance, room allowable
20 items, we talk about that -- we talked about
21 that in corrections forever. I mean, we had
22 a room allowable items committee and we'd
23 have agendas every week and we'd talk about,
24 you know, should we allow an eagle feather or
25 shouldn't we. I mean, those things are --

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DENNIS L. BENSON 8/11/2014

Page 108

1 it's never done. I certainly wouldn't be
2 insulted if somebody came along and said
3 we've got to let them have their Vikings
4 bedspreads. I don't know why, but, I don't
5 have all the answers either.

6 But I -- it's a constant -- it's a
7 constant issue in any facility. It sure was
8 in prison, you know, who was really king, was
9 it clinical or was it security. Prison, it's
10 pretty clear that you can always hide behind,
11 well, that's -- we're doing that for
12 security. It becomes more challenging in the
13 MSOP because it's a program for civil
14 commits.

15 So I think you have to -- you have to be
16 able to articulate why you do what you do as
17 it pertains to security issues. You can't
18 just kind of hide behind it. I think that
19 was easier in corrections.

20 We had the other problem -- we had that
21 problem in corrections, and I think it was
22 legitimate, a legitimate concern of their
23 therapists, too much -- they'd just hide
24 behind it, well, we can't do that because of
25 security, well.

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DENNIS L. BENSON 8/11/2014

Page 109

1 So we were always, you know, kind of
2 monitoring that. And -- and I think I -- I
3 think I did a good job as -- certainly as a
4 warden and associate warden of bringing some
5 good balance to those therapeutic communities
6 that didn't always favor security. I had
7 lots of interesting discussions with the
8 captain about different things that we were
9 doing in some of our clinical programs.

10 So over in MSOP, I mean, there was the
11 same thing, but there were some things that
12 were going on in clinical that I -- I
13 struggled with too from a security
14 perspective and from a public perception
15 perspective that I just had some feelings
16 about.

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DENNIS L. BENSON 8/11/2014

Page 113

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21 Q. You mentioned earlier that you thought the
22 Dru Sjoden incident affected the Minnesota
23 sex offender program. Can you talk about
24 that a little bit more?

25 A. Well, it had direct and dramatic impact on

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DENNIS L. BENSON 8/11/2014

Page 114

1 the program. I think one of the first things
2 we did, I was the deputy in corrections then,
3 and it -- it required, in my opinion, I'm the
4 one that went to my commissioner and said,
5 you know, the first thing we should do is
6 make sure we don't have another Alfonso
7 Rodriguez running around out there.

8 And so I said I think you should review
9 every level 3 sex offender that is out on
10 supervised release, and we did that. And
11 there were a number of those that were
12 gathered up and a petition was filed and they
13 came into the program.

14 Now, all we did is said you might want to
15 take another look at this level 3 to a county
16 that's been released. And, boy, if they got
17 a letter to that effect, you know, nine out
18 of ten of them were then civilly committed.

19 There were level 3 sex offenders that
20 were doing pretty well in the community that
21 ended up back in the program. So that was,
22 again, what I would characterize as one of
23 the overcorrections of -- of that process.
24 It was well-intended, just take another look,
25 just make sure we didn't miss one here, and

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DENNIS L. BENSON 8/11/2014

Page 115

1 pretty soon, good lord, we had lots of them.
2 So that was, I think, one of the pieces.

3 The -- just the whole review process at
4 the end of their corrections time and review
5 by the counties, in addition to that level 3
6 review was another piece that I think
7 impacted the population in a negative way.

8 And I -- you know, I'm not saying it
9 was -- they were all inappropriate. But,
10 obviously, I think there was another
11 overcorrection there. So those would be the
12 two areas that I think at least initially had
13 a great deal of impact on the size of the
14 program and the -- you know, the width of the
15 net. Counties just weren't willing to take
16 chances.

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21 Q. Let me show you what I've marked as
22 Exhibit 4. And tell me -- which I will
23 represent to you is an executive order from
24 Governor Tim Pawlenty signed in, I think it's
25 July of 2003. You're familiar with that?

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DENNIS L. BENSON 8/11/2014

Page 116

1 A. Yup.

2 Q. Is this -- well, tell me -- tell me what you
3 understood this executive order to mean when
4 you were at MSOP.

5 A. Well, he -- he will tell you, as I heard it
6 many times, that it was a document that said
7 we're going to follow the law. And that was
8 kind of the -- the explanation that came from
9 the governor's office. It was not
10 necessarily that nobody would ever be
11 released.

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DENNIS L. BENSON 8/11/2014

Page 120

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4 Q. You -- you mentioned several times today that
5 you're sort of perceived by the patients as
6 the person who turned it into a more
7 prison-like setting. Those are my words.

8 In retrospect, did you -- did you swing
9 the security needle too far to the other --
10 to the other side?

11 MR. WINTER: Asked and answered.

12 BY MR. GUSTAFSON:

13 Q. You can answer.

14 A. I -- I really don't think so, no. I think
15 you can always argue, as I said, you know,
16 did I or didn't I. But in my opinion, I
17 really don't think I did. The other thing
18 I -- you know, there are things that happen
19 in these places that I'm sure you haven't
20 heard yet about the sexual misconduct that
21 occurs in these places.

22 We had a -- an assistant director down at
23 St. Peter who was beat half to death in his
24 home, Gary Graham, before I came, but it was
25 a -- it was supposed to be a murder. He was

DENNIS L. BENSON 8/11/2014

Page 121

1 supposed to have been killed. And he wasn't
2 killed, but he was out of work for about six,
3 eight months with a concussion that was
4 intended to kill him. And that occurred from
5 inside the walls of MSOP. We had --

6 Q. Do you mean by that somebody hired someone to
7 do it?

8 A. Right. Yeah.

9 Q. Okay.

10 A. And I had a sex offender on his deathbed tell
11 me the whole gig of how this thing went down,
12 a credible guy, a guy I had known for years
13 in corrections.

14 We've had way too many boundary issues
15 with staff. That's another problem you get
16 when you hire lots of young junior staff,
17 both male and female boundary issues. But --

18 Q. You mean sexual boundary issues?

19 A. Well, or in the case of males, not always
20 sexual it might be --

21 Q. Physical?

22 A. -- bringing stuff in or just doing favors for
23 clients that you shouldn't. And so there
24 were all of those things in play too that led
25 to having a male monitoring policy that was

DENNIS L. BENSON 8/11/2014

Page 122

1 defendable, monitoring phone calls, again, in
2 cases where we had reasonable cause, visiting
3 room policy around what you could bring in
4 and how much you could touch, and room
5 allowable items policies.

6 That all fed into some of these things
7 that always go on in these places, but the
8 number of them that was going on there was
9 outrageous.

10 I mean, I had more instances of
11 inappropriate conduct between staff and --
12 and clients with 600 sex offenders than I did
13 with 9,000 inmates. And, again, it was
14 training issues and -- around boundaries and
15 hiring lots and lots of staff really quickly
16 that didn't have the experience and
17 expertise, and also dealing with a clientele
18 that's incredibly manipulative.

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DENNIS L. BENSON 8/11/2014

Page 123

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22 Q. You agree with that -- that that's a problem
23 when you have that many people in one place?

24 A. I think -- I think it's a challenge. I don't
25 know that it's an unsurmountable problem, but

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DENNIS L. BENSON 8/11/2014

Page 124

1 it certainly is a challenge. And I have to
2 tell you that they designed that facility
3 kind of after a building design that we came
4 up with at a medium-security prison. And I
5 don't know that I'd design it -- a treatment
6 center for sex offenders the same way. Now,
7 can it work, yeah, I think it work, but I
8 think it adds some challenges.

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DENNIS L. BENSON 8/11/2014

Page 127

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Q. Did you -- we talked earlier a little bit about the legislative auditor's report, and you indicated that you had some consultation with the legislative auditors, with Jim Nobels' office while the report was being done. Are there things in that report that

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DENNIS L. BENSON 8/11/2014

Page 128

1 you disagree with?

2 A. Yeah.

3 Q. Can you tell me off the top of your head or
4 would you like to look at it? I mean, it's a
5 long document. I don't want you -- and I'm
6 not going to have you --

7 A. No, I just think there are a couple of areas.
8 I mean, I -- as I said, I've worked with Jim
9 for -- and his staff for many years. And
10 they truly, I think, are a great group and
11 they've kept the state out of lots and lots
12 of trouble with their oversight over the
13 years. And he did numerous reports for us in
14 corrections, so I had a lot of experience
15 with him.

16 I think the area -- if I had to point to
17 an area that I struggle with the most, it's
18 the area around treatment hours and the
19 efficacy of treatment.

20 I think it's hard for any of us who don't
21 live in that world and who don't really
22 understand how you treat and how you measure
23 and how you keep score, to try to define
24 that.

25 And we kind of challenged some of their,

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DENNIS L. BENSON 8/11/2014

Page 129

1 I guess, definition of, you know, the
2 treatment process and the treatment hours.
3 The legislators too, everybody likes to
4 measure in black and white. And, you know,
5 the world would be an easy place if we could.

6 But, you know, Jannine has a different
7 idea of what a treatment week looks like than
8 the chair of a -- an oversight committee.
9 And she's just really reluctant to say that
10 they need X number of hours and the hours
11 need to look like this.

12 And she would always say, well, you know,
13 too much treatment for some of these guys can
14 be very counterproductive. And, of course,
15 that sounds very defensive and it sounds like
16 she's -- but I heard her say that in the car
17 when we'd ride together to St. Peter every
18 week time and time and time again, how much
19 they can tolerate and then they've got to
20 pull back and take a break, and how you get
21 them to these thresholds where they break
22 through and can start to own some of their
23 behavior.

24 You know, so many of these people are so
25 damaged, I mean, so damaged from the time

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DENNIS L. BENSON 8/11/2014

Page 130

1 they were little, little kids, and to get
2 them to understand their own pathology is a
3 process that is different with every one of
4 them.

5 So to say, well, all 700 of them need 12
6 hours of treatment every single week and
7 they've got to be sitting in a group and
8 they've got to be -- that's just not valid
9 and it's -- it's short-cited from a clinical
10 perspective.

11 I'd like it too, it would be easier for
12 me to go up in front of a committee and say
13 here's what it is, it's six hours of this and
14 two hours of this and damn it, that's --
15 that's the treatment world.

16 But it's -- therapists, at least with
17 this group, will -- are going to be real
18 reluctant to approach it that way.

19 So I will say that the chapter on
20 clinical hours, I don't think it's perfect.
21 I don't think it's all BS either. But I
22 think it's -- as good as his people are, I
23 don't think they have any better idea of how
24 it should look than anybody else and -- so
25 I -- I think, you know, if there's an area

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DENNIS L. BENSON 8/11/2014

Page 131

1 where we got dinged that I thought was
2 somewhat unfair, it would be that area.

3 Q. Uh-huh. By and large, would you say you
4 generally agree with the auditor's report
5 with that exception?

6 A. I think there's a lot of good information in
7 there. And I don't agree with everything,
8 but I think it's a good report and I think it
9 was helpful. And, you know, as hard as it is
10 to say, it's kind of a critical report, but
11 you don't change something like that
12 overnight.

13 I mean, I was with that prison system and
14 I knew what it looked like in '74, I knew
15 what it looked like in '80, and I knew what
16 it looked like in '90 and '96 when I became
17 the deputy, and it's a process, it takes a
18 long time. And, again, that's a system where
19 people are moving through, people got hope,
20 and over here it's -- you know, it's just
21 tougher when you have one guy who has got out
22 in, what, now, 20 years. That's just tough.

23 Q. Do you think it's going to change if the
24 court doesn't intervene?

25 A. I think it will be real challenging for

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Page 132

1 either party or both parties to come together
2 and take action. I really do. And the
3 problem -- when you -- when you don't think
4 it can get worse, I think it can, because I
5 think the worst thing that could happen is if
6 they finally throw up their hands in disgust,
7 like I said, and said, you know what, let's
8 just ride it out with the 700 we got, but
9 starting tomorrow let's just sentence every
10 sex offender to an indeterminant sentence.

11 Then you got ten times the problem,
12 because then the peeping Toms are never going
13 to get out of prison, so you're going to --
14 again, it's that unintended consequence
15 thing.

16 So I think, you know, that to me is the
17 easy, quick fix. But they haven't done it
18 yet, and I think they -- you know, they've
19 talked about it. They've talked about
20 indeterminant sentencing for at least some
21 level of sex offenders.

22 But I just -- unless you have an
23 impartial body releasing them, I think that
24 would be a mistake. So I think it would
25 be -- a better approach would be to fix the

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DENNIS L. BENSON 8/11/2014

Page 133

1 program. I just don't know that there's the
2 political fortitude to do it.

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11 Q. We talked earlier about less restrictive
12 alternatives in the community. You dealt
13 with the legislature for -- for many years --

14 A. Yeah.

15 Q. -- with your time at corrections and your
16 time at MSOP. Is the security concern
17 preventing those less restrictive
18 alternatives from being developed in
19 Minnesota?

20 A. I don't think it's as much the security
21 concerns as it is -- would be the local
22 politics going into a community and saying
23 we're going to set up a 12-bed sex offender
24 program for juveniles or something. I think
25 that would be the -- the real challenge. I

DENNIS L. BENSON 8/11/2014

Page 134

1 think you can do -- there's all kinds of
2 ways, especially in today's world, you can do
3 good security without barbed wire fences, and
4 we talked about some of them.

5 I don't know if you have -- bringing up
6 another topic, but the -- there's a New York
7 model too that we really liked in terms of
8 diverting people at the front-end. Jannine
9 and I did a lot of analysis of that and I
10 really liked that approach. I think it's --
11 it's probably the best in the United States
12 in terms of heading them off before they fall
13 into the black hole.

14 Q. And that -- but that model can't work in
15 Minnesota because there are no facilities of
16 that kind in Minnesota?

17 A. Right, not right now.

18 Q. Even though the statute provides for that
19 opportunity --

20 A. Yeah.

21 Q. -- there just aren't any facilities --

22 A. Right.

23 Q. -- that a judge could send someone to?

24 A. Yeah.

25 Q. And so you'd agree with me that that's --

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DENNIS L. BENSON 8/11/2014

Page 135

1 that's a real weakness in our program is the
2 lack of those community-based facilities?

3 A. Yes.

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DENNIS L. BENSON 8/11/2014

Page 139

1 Q. Okay. Is there anything that I haven't asked
2 you about that you'd like to talk about today
3 in terms of topics?

4 A. No. The other thing -- I mean, I've been
5 away from the program for a couple of years,
6 and the one thing, I think I told counsel
7 this the other day too, that -- and I -- I
8 hired Jannine, and I looked at a lot of
9 different possibilities for that position,
10 not a lot, but four or five anyway.

11 And I think she is one of the -- in terms
12 of a clinical therapist, I think she's
13 probably one of the best in the nation. I
14 really believe that. I was a member of ATSA
15 and MnATSA, and she is highly respected and
16 well-regarded.

17 And she doesn't always have the political
18 sense that you'd like to see, but she's
19 really committed to her life's chosen work,
20 and I think that the state is lucky to have
21 her. I don't know how much longer they can
22 keep her if things don't change.

23 And I think all of us want to see -- if
24 we're going to have this program, it's got to
25 change. We can't -- none of us should dilute

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DENNIS L. BENSON 8/11/2014

Page 140

1 ourselves by thinking we can just kind of
2 continue to kerplunk along and to keep
3 dodging these -- these bullets that --
4 and -- and cards that the court is giving us.

5 I mean, they've kind of put us on notice
6 that something has got to change here.
7 Unfortunately, I think it's very hard for the
8 program to change it, the commissioners to
9 change it, whoever he or she might be, and
10 I -- I think it's going to be tough for the
11 legislature.

12 So I'm hoping that between, you know, the
13 judge and just continued conversation,
14 something can happen here or don't ever think
15 that it can't get worse. But it's
16 unfortunate.

17 It's a tough place to work when -- when
18 you know it's broken and every time you go
19 for help to fix it they kind of look the
20 other way and -- but I think if they slowed
21 down the intake that would help dramatically.

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DENNIS L. BENSON 8/11/2014

Page 141

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Q. I wanted to get a sense for your general feeling about 2008 when you started versus 2012 when you left how the facility was operating in 2012 as opposed to when you found it?

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A. I think -- I think we made -- as I mentioned, I think we made lots of progress, I really do. I think that -- I think people who wanted to participate in treatment could and in many cases did.

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When I got there the treatment participation was down around 50 percent. When I left it was up around 90. And people, you know, start treatment, stop treatment, start treatment. There's always going to be a lot of that. But the treatment participation was much higher.

We did have one feeble escape attempt

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Page 142

1 about 2011, I think it was, '10, four guys up
2 at Moose Lake. But other than that we had no
3 real escape attempts or people trying to get
4 out, not that they liked it there any better.
5 But I think that the whole phase 1, 2, 3
6 treatment process was beginning to work and
7 take hold. Staff turnover had slowed way
8 down. The number of clinical staff that were
9 hired and retained was at a good number.

10 So I think in all of those areas -- and
11 costs were -- dropped a little bit. We
12 opened new beds. And I think we were in a
13 much better place in 2008.

14 But, I mean, the elephant in the room
15 continues to be that we've only released one
16 person. So you can say all of these
17 wonderful things, but that's not how we
18 measure success in this program.

19 Q. You've talked about the political pressures
20 at some length generally speaking and then
21 the two examples that you gave, one was there
22 is the situation with the big screen TVs that
23 you discussed and also the situation with
24 your concern related to escorted trip s to
25 the state fair, right?

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Page 143

1 A. Uh-huh.

2 Q. Did you ever -- or are you aware of any time
3 when someone on a treatment team did not
4 advance someone in treatment as a result of
5 political pressures?

6 A. No.

7 Q. Are you aware of a time when someone on the
8 treatment team made a different decision with
9 respect to discharge or transfer than they
10 would have otherwise with --

11 A. No.

12 Q. -- as a result of political pressures?

13 A. No.

14 Q. Are you aware of any time when a risk
15 assessor made a different decision as a
16 result of political pressures?

17 A. No.

18 Q. Can you give me a general idea of what MSOP's
19 response was to the report of the Office of
20 the Legislative Auditor, did you make
21 changes, what was the process, et cetera?

22 A. Yeah, the -- they made some minor changes. I
23 don't think it was atypical. Again, having
24 been through that process numerous times both
25 here and in corrections, they -- they

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Page 144

1 listened, they tweaked it, they -- they made
2 some adjustments to their report after
3 getting additional information. So I -- I
4 sure wouldn't say it was an unfair report.

5 Q. Okay. And -- but I'm asking about the --
6 just now were you addressing the changes that
7 the Office of the Legislative Auditor made to
8 their report?

9 A. Right.

10 Q. Okay. So after that, upon receiving the
11 final report from the OLA, did -- how did
12 MSOP react upon receiving that report?

13 A. I mean, we took it very seriously. We tried
14 to -- to the extent that we could, those
15 areas where we had authority to make changes,
16 I think we developed work plans and -- and
17 tried to implement some of the
18 recommendations and changes that they
19 suggested. But, again, there were obviously
20 a fair number that were out of our hands.

21 Q. Do you remember which ones you were able to
22 address?

23 A. Oh, gosh, I don't --

24 Q. Or just some examples, whatever you can
25 remember.

DENNIS L. BENSON 8/11/2014

Page 145

1 A. Well, Jannine and her team took a hard look
2 at treatment hours and how we might better
3 define that so that people like us, lay
4 people who really weren't from the treatment
5 world, could better understand what -- what
6 the definition of treatment for civilly
7 committed sex offenders were and the fact
8 that we think what they were doing was
9 defendable.

10 So she tried to realign that in such a
11 way that it was more consistent with some of
12 the recommendations that the auditor's report
13 made around that. That would be one example.
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